

# FOOD FOR THOUGHT

## FLOODING IN NH

The recent flooding in SW New Hampshire has devastated the area and destroyed some of the Food Bank's member agencies. The NH Food Bank has sent truckloads of nonperishable food to the area in order to ease the relief efforts. Through a grant from C & S Wholesalers, Inc. in Keene, the Food Bank has funds reserved for that region which will greatly assist us as we try to help out.



## KATRINA UPDATE

Catholic Charities USA and America's Second Harvest - The Nation's Food Bank Network have been working very hard to aid the relief efforts in the hurricane ravaged Gulf Coast. Here's a snapshot of how much money has been raised and how much food has been sent to the region.

### CATHOLIC CHARITIES

CC USA - \$8 million

NHCC - \$675,000

### AMERICA'S SECOND HARVEST - THE NATION'S FOOD BANK NETWORK

1,400 truckloads of recovery food and grocery products

44 million pounds of food

\$22 million raised

## 10 THINGS YOU CAN DO TO HELP

**Join Freedom From Hunger, our monthly giving club!** Once a month, the Food Bank will deduct your donation from a credit card or checking account. This makes it easy to give more! A monthly donation of just \$25 means you'll provide 1,000 MEALS to those in need in one year.

**Write-in your choice for United Way workplace giving.** Did you know you can designate the New Hampshire Food Bank as your United Way recipient? It's a great way to support the Food Bank.

**Hold a Food & Funds Drive at work!** Our website has some great tips. Visit <http://nhfoodbank.org/Pages/DonateFood.html> to get Food Drive 101!

**Full Moon Margarita Madness!** Visit the Lounge at the Manchester Margaritas on October 17, November 16 or December 15. 5% of all lounge sales will go to support the New Hampshire Food Bank. Come for the great food, drinks and prizes, too!

**Harvest Blue Jean Ball!** Join us at our 2nd annual fundraising event. Last year we raised over \$21,000. You can help us beat that mark this year. For more information, see Page 3.

**Tell a friend about the problem of hunger in New Hampshire.** For stats and information, visit [www.nhfoodbank.org](http://www.nhfoodbank.org)!

**2nd Annual Irving WOKQ Turkey Drop Day!** Drop off a frozen turkey at any Irving convenience store on Friday, November 18th and provide a New Hampshire family with a happy holiday. You can also make a cash donation for the week leading up to Turkey Drop Day.

**Did you miss Turkey Drop Day?** Don't worry - you can make up for it at Hannaford Supermarkets in Derry, Londonderry Goffstown or Concord during 96.5 the Mill and Hannaford's Tons of Turkeys campaign! On Saturday, November 19th, do your holiday shopping at any of those stores and donate a turkey to the New Hampshire Food Bank. (Manchester stores will be receiving turkeys for one of our member agencies, New Horizons for NH.)

**Scouting For Food!** Fill a bag of nonperishable items for the Boy Scouts Scouting For Food Drive. They'll drop off a bag at your home on November 12th. Simply fill it up and leave it at your door for the Scouts to pick up on November 19th!

**Volunteer at the Food Bank!** Orientation is at 5:30 on the 3rd Tuesday of each month, with a food sorting session to follow. Call or email Zach ([zpeace@nhfoodbank.org](mailto:zpeace@nhfoodbank.org)) to sign up!