

Monthly Spotlight



The NH Food Bank staff gathers for a photo with Dont'a Hightower. (back, center)

Dont'a assists a shopper with loading his vehicle.



The New England Patriots Foundation and Campbell's Chunky teamed up to donate more than 8,600 cans of Campbell's Soups to the New Hampshire Food Bank. Patriots linebacker Dont'a Hightower visited the NH Food Bank on Tuesday, December 11, to make this special soup delivery. For every point the Patriots scored during their games this past October and November, the Patriots and Campbell's donated 25 cans of soup. Along with the delivery, Hightower took a tour of the New Hampshire Food Bank and met with employees and volunteers. He finished his visit by helping two Food Bank shoppers with their orders.



700 EAST INDUSTRIAL PARK DRIVE
MANCHESTER, NH 03109

What's Cookin' January 2019

Current Resident or

NONPROFIT ORG
US POSTAGE
PAID
MANCHESTER, NH
PERMIT NO. 37



Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to: jcheney@nhfoodbank.org

Upcoming Classes

Tuesday, January 8th @10am

Wednesday, February 13th @10am

Please arrive 10 minutes early.

WELCOME New Agencies

Crimson Care Closet
Concord

Gossler Park School Food Pantry
Manchester

River Valley Comm. College FP
Claremont

NHFOODBANK.ORG | 603-669-9725

New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to: jcheney@nhfoodbank.org

Sign up early, spots fill up quickly!

Upcoming Classes

Monday, January 14th @1pm

Tuesday, February 5th @10am

Please arrive 10 minutes early.

January 2019

Food Bank Closings

Monday, January 21st: MLK Day
Monday, February 18th: Presidents' Day

Quotable

"Every day has potential to be the best day of your life."

~Lin Manuel Miranda

3rd Quarter QSR Drawing Winners

Congratulations to the 3rd Quarter 2018 QSR Drawing Winners!

Each winning agency has received a \$25 credit on their account.

- St. John Neumann FP– Merrimack
- Vaughan Comm. Services– N. Conway
- First Fruits FP– Sanborton

To be eligible to win next quarter, be sure to submit your 4th quarter 2018 QSR by January 31st and use the current form.

NH Food Bank Social Media

We encourage you and your program to follow us on any of these websites to stay up to date on events, donations, other important information.

You can follow us here:

www.facebook.com/nhfoodbank

www.twitter.com/nhfb

www.instagram.com/nh_food_bank

A Note From Agency Relations

A reminder that if you receive any Give-A-Meal boxes from Hannaford, please indicate the total number received (not the weight) on your Fresh Rescue reports or send Jocelyn an email.

All 4th quarter QSRs are due by January 31st.

Happy New Year!

Mystyna, Emily and Jocelyn

Food Dating on Packages – Quality vs. Food Safety

The dates you see printed on food are to indicate food quality. Manufacturers provide dating to help consumers and retailers decide when food is of best quality. Except for infant formula, dates are not an indicator of the product's safety. Other food products are still safe to consume after these dates.

- A "Best if Used By/Before" indicates when a product will be of best flavor or quality.
- A "Sell-By" date tells the store how long to display the product for sale for inventory management.
- A "Use-By" date is the last date recommended for the use of the product while at peak quality. It is not a safety date except for when used on infant formula.

The Difference between Food Safety and Food Quality?

Food that is safe has been handled in a way that minimizes the risk of getting ill as a result of eating the food. Food quality refers to how the food looks, how fresh it is, etc. So, for example, although food such as a box of dry cereal or a carton of milk may be close to or past its expiration date, it may still be safe to eat. The quality (tastiness, freshness or crunchiness) of food products may deteriorate after the date passes, but such products should still be safe to eat if they have been handled safely.

Date Labeling and Food Waste

Confusion over the meaning of food product dates can result in consumers discarding wholesome food that is safe to eat.

To reduce food waste and to save food dollars, it is important that consumers understand that the dates applied to food are for quality and not for safety. Food products are safe to consume past the date on the label. If you would like to see more about how long items are usable, we encourage you to visit www.foodsafety.gov/keep/foodkeeperapp/index.html or find the app listed as FoodKeeper available for Apple and Android users.

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Spirit of Giving

Shaws, Hannaford, Walmart and The Common Man Family of Restaurants have partnered with WMUR and The NH Food Bank this holiday season for the annual Spirit of Giving. This weekend-long event raises money, donations and awareness for the NH Food Bank and local partnering organizations. For the fifth year, a generous anonymous donor will match monetary donations to the NH Food Bank, up to \$100,000!

Many programs around the state have already benefitted from this event and more will see the benefits as donations continue to come in. We are excited for the many ways the Spirit of Giving has helped so many and how it continues to grow each year.

Agency Express Reminders

- Frozen protein (meat) are limited to 6 boxes per order. Please keep track of the total when placing your order.
- You may place your order no more than 9 calendar days in advance and no less than 2 business days.
- Only registered shoppers can place an order and must use their own account.