

Monthly Spotlight



Visitors to the NHFB's Fresh Food Pantry select their own items for their families. Several members of the NHFB staff are on hand to answer questions about our services and to help those who attend the events.

[All photos used with client consent.]

In an effort to better serve the people of NH, here at the NH Food Bank we have begun to offer a "Fresh Food Pantry" to the public. This pantry is held inside our Manchester warehouse and will be held on occasion, with dates that will be determined monthly. This free event is open to anyone, and no proof of residency or income is required.

To date, we have held three Fresh Food Pantries this summer and hope to offer many more. The food available varies at each event but mostly consists of produce, pastries, and a few shelf stable items such as macaroni & cheese, water and peanut butter.

If you feel that this local distribution may benefit your clients and you have not yet received a flyer, please contact the Agency Relations team so that we can add you to the email list for this event.



700 EAST INDUSTRIAL PARK DRIVE
MANCHESTER, NH 03109

What's Cookin' September 2018

Current Resident or

NONPROFIT ORG
US POSTAGE
PAID
MANCHESTER, NH
PERMIT NO. 37



Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to: jcheney@nhfoodbank.org

Upcoming Classes

Wednesday, September 5th @10am

Tuesday, October 9th @10am

Please arrive 10 minutes early.

WELCOME New Agencies

We Care Charity Food Panty
Salem, NH

Granite State Independent Living
Manchester, NH

NHFOODBANK.ORG | 603-669-9725

New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to: jcheney@nhfoodbank.org

Sign up early, spots fill up quickly!

Upcoming Classes

Monday, September 10th @10am

Tuesday, October 16th @1pm

Please arrive 10 minutes early.

September 2018

Food Bank Closings

Monday, September 3rd– Labor Day
 Monday, October 8th– Columbus Day
 Friday, October 19th– Day of Enrichment

Quotable

“Not all of us can do great things. But we can all do small things with great love.”
 -Mother Teresa

2nd Quarter QSR Drawing Winners

Congratulations to the 2nd Quarter 2018 QSR Drawing Winners!
 Each winning agency has received a \$25 credit on their account.

- Karen Angela Carter FP– Manchester
- Salvation Army FP– Portsmouth
- New Durham FP– New Durham

To be eligible to win next quarter, be sure to submit your 3rd quarter 2018 QSR by Oct 31st and use the current form.

Agency Express note

If you select an appointment time for your order but do not submit an order within 24 hours, your appointment time will be deleted. Early reservations are not allowed and appointments will be cancelled to allow for fairness to all agencies in selection of timeslots.

A note from Agency Relations

The leaves are beginning to change, Fall is approaching!
 Our annual Agency Appreciation Banquet will be held in October this year. Invitations will be sent out once a date and time have been confirmed.
 Thanksgiving turkey requests will begin the first week of October. Be on the lookout for the order form later this month. Please note that no phone orders will be accepted this year. You must use the provided form.

Mystyna and Jocelyn

September is Hunger Action Month

September is Hunger Action Month – a month where people all over America stand together with Feeding America and the nationwide network of food banks to fight hunger. It's a month to spread the word and take action on the hunger crisis, and dedicate ourselves to a solution.

How to celebrate Hunger Action Month

Celebrating Hunger Action Month starts by taking action against hunger, seems obvious, right? All you need to do is to help raise awareness

of hunger as a problem, and there are a lot of ways of doing that even if you're short on time and money. One popular way of raising awareness is to take a plate and writing "On an empty stomach, I can't:" and then filling in the blank to help people learn what effect suffering from a shortage of food can have. Examples are "Study" and "Sleep properly", even "Be active." You then take this photo of yourself holding the plate and post it on social media and get others to do the same with themselves. Post by post, the world will become a little more aware.



[Used with permission from feedingamerica.org]

Wear Orange on September 13th for Hunger Action Awareness!

Recall Notifications

When a recall is issued by the FDA, USDA or Feeding America, we are asked to share that information with all of our partnering agencies. The emails go out to all Program Directors and active Food Bank shoppers. Not all recalls are specifically items that have been distributed by the Food Bank. We are just notifying you of the product recall for your own safety in case you program purchased the items from another source. If we are aware that these items were distributed by the NH Food Bank, we will make specific notation in the email that goes out.

NHFB Production Garden



The NH Food Bank's own Garden Coordinator Jason, has been busy this summer providing fresh produce for agency use and for the Food Bank's own production kitchen. Along with many wonderful volunteers, he works to provide the freshest and healthiest variety of items all season long.

A few times a week, Jason brings his harvest to the Food Bank from the off-site garden. So far this summer (July and August), the garden has yielded over 5,800 pounds of fresh produce, with more to come in the upcoming weeks.

This year we have had cucumbers, tomatoes, zucchini, corn, cabbage, potatoes, eggplant, several varieties of squash and a few other things. We hope that your program has had the chance to take advantage of this locally grown produce!

