

Monthly Spotlight



Left: Eula from Canaan Food Pantry shows their bulletin board displaying recipe cards and nutritional information for clients.



Right: A recipe for Cactus Salad is placed with jars of cactus for clients who may not know how to use this item.

Canaan Food Pantry is excited to be incorporating new Nudge strategies into their program to encourage their clients into healthier food choices.

One way they have done this is by posting nutrition facts and information on display for clients to view and ask about. Another Nudge strategy they have started using is placing recipe cards on the shelves with certain items including some new foods that clients may be unfamiliar with or unsure of how to use.

If you are interested in learning more about ways you can incorporate Nudge practices into your program, please reach out to Elise at ebolster@nhfoodbank.org.



700 EAST INDUSTRIAL PARK DRIVE
MANCHESTER, NH 03109

What's Cookin'

January 2020

Current Resident or

NONPROFIT ORG
US POSTAGE
PAID
MANCHESTER, NH
PERMIT NO. 37



Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to: jcheney@nhfoodbank.org

Upcoming Classes

Wednesday, January 22nd @10am
Tuesday, March 10th @10am
Thursday, May 14th @10am

Please arrive 10 minutes early.

WELCOME New Agencies

NHFOODBANK.ORG | 603-669-9725

New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to: jcheney@nhfoodbank.org

Sign up early, spots fill up quickly!

Upcoming Classes

Tuesday, January 14th @10am
Wednesday, February 5th @10am

Please arrive 10 minutes early.

January 2020

Food Bank Closings

Weds. January 1st: New Year's Day
 Monday, January 20th: MLK Day

Quotable

"Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties." ~Helen Keller

January's Delivery Schedule

As previously noted in the recent bulletin and via emails, we wanted to remind you that the January delivery schedule will be pushed back a week. Please check the Agency Express website if you need to verify your delivery date.

Week 1 is Jan. 7th-9th

Week 2 is Jan. 15th-16th

Week 3 is Jan. 22nd-23rd

Week 4 is Jan. 30th

AE3 Order Management

If you need to check that your order was submitted correctly or verify the date and time that you selected for your appointment pickup, click on the "Order Options" tab and select "Order Management". There you will see all of your previous orders including the newest one. If you would like to see an itemized list of an order, click on the Printer icon to the left of the order. You can also locate prior invoices here if you are looking to see about balances that are due.

A Note From Agency Relations

We hope you had a wonderful holiday season and are enjoying this very snowy winter! With the new year comes new updates and changes at the NH Food Bank. Keep an eye out for an upcoming new addition to our staff as well as a new system to use to digitally submit your QSRs & Fresh Rescue reports in the upcoming months.

Mystyna, Emily and Jocelyn

Recipe For Success

Along with providing food for over 400 agencies around the state, The NH Food Bank also offers several programs to better serve and educate our neighbors.

One of these services is the Recipe For Success's (RFS) Culinary Job Training Program. This FREE 8 week course takes place Monday through Friday from 8AM – 3PM in the NH Food Bank's Commercial Kitchen. Led by two professional chefs and a production assistant, RFS teaches culinary training skills to those that are currently unemployed or under-employed and looking to build experience in the food service industry. Students receive hands on experience while preparing the daily meals that are then distributed to several partnering Food Bank agencies. The class also includes ServSafe training and a chance to take the manager's level exam at no cost, nutrition classes, catering experience, basic financial skills, resume writing, and interview techniques. Students also receive stipend checks totaling \$350 during the final 5 weeks of training and a portfolio including a new resume, a completion certificate, and a personal letter of recommendation from our head chef.

Enrollment is always open and classes begin every Monday. All RFS students must be able to commit to attending full time, 5 days a week during the 8 week course. If you know of anyone that may benefit from the program, please contact Jennifer Lenox at jlenox@nhfoodbank.org or at ext. 1147 for more information.



Agency Year End Summaries

Later this month you will receive a letter in the mail listing your total pounds received from the NH Food Bank for 2018 and 2019. We hope to provide this information to you annually from here on out so that you can be aware of your Food Bank activity as well as having this information for your own records.

Per Feeding America guidelines, all programs are required to reapply every two years and submit a new Food Bank application so that we can be sure we have the most up to date information for your program. In doing so, all programs will also sign a new Agency Agreement which will include the new pound minimum of 3,000 pounds per year. Providing you with the annual letter stated above will help you to also ensure that you are meeting that requirement. Please let us know if you have any questions when you receive your letter or are filling out your new application.

Winter Farmers Markets around NH

Winter farmers markets are becoming more popular in the Granite State, and chances are that there is a winter market somewhere near you. Many of these markets start in late Fall and run until Spring. Many also accept SNAP/EBT and allow your clients to then double their dollars on the purchase of fresh, local items!

A full listing of these Winter Farmers Markets is included with this month's emailed bulletin or view the Winter Farmer's Market list here at <https://www.agriculture.nh.gov/publications-forms/documents/winter-farmers-markets.pdf>.