Current Resident or Safe Food Handling
All Agencies are required to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to: jcheney@nhfoodbank.org

Upcoming Classes
*no classes in May*
Thursday, June 18th @10am

Please arrive 10 minutes early.

NHFOODBANK.ORG | 603-669-9725

WELCOME New Agencies

Errol Community Food Pantry
Errol

Monthly Spotlight
The NH Food Bank would like to extend a huge Thank You to the New Hampshire National Guard. Starting in early April, several members of the NH National Guard have been present in our building to help meet the increased need for food. Some of the many tasks they have helped to support include prepping meals in our culinary job training kitchen, assisting with our warehouse operations, assisting in our production garden, building food boxes, overseeing multiple food distribution events around the state, inspecting and sorting over 100,000 pounds of food and more. Their outstanding efforts have offered tremendous relief to help us meet the need during this difficult time.

New Shopper Orientation
Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to: jcheney@nhfoodbank.org

Sign up early, spots fill up quickly!

Upcoming Classes
*no classes in May*
Wednesday, June 3rd @10am

Please arrive 10 minutes early.
May 2020

Food Bank Closings

Monday, May 25th. Memorial Day
Friday, July 3rd. Independence weekend

Quotable

“The more you praise and celebrate your life, the more there is to celebrate.”
~Oprah Winfrey

Fabric Masks

The NHFB staff is very grateful to the Women’s Club of Concord for their generous donation of over 250 fabric face masks. All Food Bank staff were given a mask to use while in the building and the remaining 220+ masks were donated to our partnering agencies as they were available. We hope that everyone who received some of these masks have appreciated them as much as we did.

Program Changes

If your program is temporarily closed or has changed hours at all during this time, please let us know. We are receiving calls from clients around the state looking for food assistance and we want to be sure that we can provide them with the most up to date information about programs in their area. Please also be sure to let us know once you resume regular hours again.

A Note From Agency Relations

The Renewal Application deadline has been extended to May 31st. Please let us know if you have any questions.

Thank you to everyone who filled out the recent survey. The responses have been enlightening and will inform many future decisions at NHFB. For anyone that did not have a chance to fill it out, please email Agency Relations for a link.

~Mysty, Emily, Jocelyn and Christy

Cooking Matters Is Online

In response to COVID-19, the Cooking Matters team has now made nutrition and cooking education available online for you and your clients. Instructional videos are being posted on the NHFB YouTube page and the Cooking Matters team will be hosting free online cooking and nutrition classes.

If you would like to share these classes with your clients, please email Maria at msmith@nhfoodbank.org for more information. These classes are designed to teach nutritional meal planning, utilizing pantry staples, shopping and budget tips, healthy recipes, cooking skills, and more!

The biggest tip we want to share during this time is flexibility with substitutions. Odds are you won’t have every ingredient in a recipe, and that’s ok! Don’t let that deter you from cooking a healthy meal. Don’t have chicken? Try substituting with beans or eggs for added protein! Don’t have fresh tomatoes? Canned or frozen will work great – or even other soft vegetables like squash, mushrooms or peppers.

SNAP Benefits

Some SNAP Guidelines have been relaxed due to the current COVID-19 crisis. That means your clients may be eligible when they were not before. We have included a printable handout with this email to share with your clients. As always, you and your clients can reach our NHFB on-site SNAP Coordinator at 603-669-9725, ext. 1147 with any questions about benefits or eligibility.

Thank You!

On behalf of the NH Food Bank, we would like to thank you for all that you do to help feed NH! Whether it is increasing distribution to current clients or welcoming new clients, changing and adapting the way your program is run, adjusting your hours and distribution practices, adding delivery for some of your clients, and so much more. We are so grateful to each and every person at your facility. We would not be able to do what we do without your part on the front lines. We love being your support and distribution center, and as always, we are here to help you and assist how we can. Thank you and remember, we are all in this together!